

GRIT 6 Week Session



STARTS MONDAY, JANUARY 14

FREE DEMOS:

Monday
1/7/19

5:45am, 10:30am,
7:00pm

Registration

Member: \$180

Non-Member: \$220

Drop-In Rate:

Member: \$25

Non-Member: \$30

Register for 2

Classes per Week

Class Schedule

Monday

5:45am

10:30am

7:00pm

Wednesday

6:00am

7:00pm

Friday

5:45am

11:30am

Saturday

8:30am

**5:45, 6am Classes
Held in GROUP X
Studio

**All Other Classes:
Functional Training
Room



Please Register with Payment at the Front Desk

Grit

Name: _____

Address: _____

City/State/Zip Code: _____

Home #: _____ Cell # _____

Email: _____

6 WEEKS / 12 WORKOUTS / 2X A WEEK

Member \$180 _____ / Non Member \$220 _____

Drop In: \$25 Member _____ / \$30 Non member _____

Day & Time: _____ Day & Time _____

Method of Payment:

Cash _____ Check # _____ H/C _____ Credit Card _____ Gift Certificate _____

I hereby waive and release rights/claims for damages I may have against the Premier Athletic Club and its employees, and all injuries that may be suffered in connection with participation in GRIT.

Signature _____ Date _____