

**DROP IN:  
\$20 MEMBERS  
\$25 NON MEMBERS**

Feel it all.

**LES MILLS**

**START DATE:**

**\*MARCH 16 / 6 weeks**

**Monday 5:45am & 10:30am**

**Wednesday 5:45am**

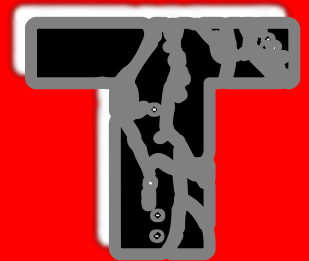
**Saturday 9:15am**

\*NO CLASSES 4/6, 4/8, 4/11

**\$210 MEMBERS**

**\$245 NON MEMBERS**

\*Receive a \$10 voucher for Valerio's when you sign up before March 6.



**FREE DEMOS:**  
Monday, March 9  
Wednesday, March 11  
Saturday, March 14

**PREMIER**  
ATHLETIC CLUB  
2127 Albany Post Rd.  
Montrose, NY 10548  
914-739-7755

**Please Register with Payment at the Front Desk**

**GRIT**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip Code: \_\_\_\_\_

Home #: \_\_\_\_\_ Cell # \_\_\_\_\_

Email: \_\_\_\_\_

6 WEEKS / 2X A WEEK

Member \$210 \_\_\_\_\_ / Non Member \$245 \_\_\_\_\_

Drop In: \$20 Members \_\_\_\_\_ / \$25 Non Members \_\_\_\_\_

Day & Time: \_\_\_\_\_ Day & Time \_\_\_\_\_

Method of Payment:

Cash \_\_\_\_\_ Check # \_\_\_\_\_ H/C \_\_\_\_\_ Credit Card \_\_\_\_\_ Gift Certificate \_\_\_\_\_

I hereby waive and release rights/claims for damages I may have against the Premier Athletic Club and its employees, and all injuries that may be suffered in connection with participation in GRIT.

Signature \_\_\_\_\_ Date \_\_\_\_\_